

How to Use this Guide

- Use the booklet to keep track of your medications (including prescription drugs, over-the-counter (OTC) drugs, herbal supplements, and vitamins).
- Share the information with your doctors and pharmacists at all visits.
- Keep it in your wallet so you always have it with you.

You should review this record when ...

- Starting or stopping a new medicine
- Changing a dose
- Visiting your doctor or pharmacist
- Use a pencil

Last updated: ___ / ___ / ___
 ___ / ___ / ___
 ___ / ___ / ___
 ___ / ___ / ___

My Personal Information

Name:

Date of Birth: Phone #:

Emergency Contact

Name:

Relationship and Phone #:

Primary Care Physician

Name:

Phone #:

Back Cover (branding possibilities?)

My Personal Medication Record

Other Prescribing Physicians

Name: _____
Specialty: _____
Phone #: _____

Name: _____
Specialty: _____
Phone #: _____

Name: _____
Specialty: _____
Phone #: _____

Name: _____
Specialty: _____
Phone #: _____

My Medical Conditions

My Allergies

